

## Mini Face Lift

This operation is ideal for the early signs of ageing in the face where there are early jowls (the excess skin along the jaw line) but the neck and cheeks are don't require the surgery from a standard facelift. The procedure is usually performed under general anaesthesia, but it could be done under local anaesthesia too. The operation is usually done as a day-case and recovery takes about 2 weeks.

There is usually only slight bruising to the face which comes down the cheek and goes into the neck. The operation leaves a scar that goes around the ear. Afterwards, there will be a feeling of tightness around the ears and the skin looks bunched or gathered up, particularly behind the ears. This is the only way we can bring in the extra skin and keep the scar short. The gathers will fade between 3-6 months after surgery. The scar may pull by the ear lobe slightly distorting its position.

I usually use dissolving stitches, but occasionally the knots from these do need to be removed. In some patients because of their skin type, I will have to use permanent sutures.

- **We would ask you not to take any herbal or over the counter medicines prior to having a surgical procedure. Many Homeopathic chemists advocate arnica before surgery however this is quite harmful as it causes more bleeding during surgery.**
- **You will be given antibiotics during your surgery. Do remember that for women using the oral contraceptive, this will be less effective as a result of taking antibiotics, especially the oral ones. You will need an alternative form of contraception whilst taking the antibiotics and for seven days afterwards.**